

"O MARY, CONCEIVED WITHOUT SIN, PRAY FOR US WHO HAVE RECOURSE TO THEE."

SUNDAY, 3:00 PM OCTOBER 9<sup>TH</sup> 2022 VIRGINIA BEACH PROCESSION BEGINS AT 24<sup>TH</sup> STREET OCEANFRONT CITY PARK



# Rosary Procession



24th Street Oceanfront City Park Virginia Beach, Virginia

#### Rosary of the Blessed Sacrament

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### The Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## Hail Mary (3 times)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

#### Glory be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen

#### **Rosary Meditations**

I. Let us contemplate in this meditation, how the Tree of Life, planted by God in the Garden of Eden, was a symbol of Christ the Paschal Victim, the source of life, which is sacrificed every day upon our altars.

Our Father ... Ten Hail Mary's ...

Glory be ...

Oh my Jesus, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those in most need of Thy Mercy.

Let us pray: 0 Jesus! Tree and Source of Life, Who truly strengthens us in this Blessed Sacrament of Thy love, grant, we beseech Thee, that by continually receiving Thee, the Author of Life, we may never die by sin, but be translated from a holy life here, to the glorious and everlasting enjoyment of Thee in Heaven. Amen.

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II. Let us contemplate in this meditation, how the bread and wine offered in the sacrifice of Melchisedech, priest of the Most High, were symbols of the bread and wine changed by Jesus Christ, our High Priest and King, into His Body and Blood, which are offered by the priests of the New Covenant in every place, from the rising to the setting of the sun.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus! The High Priest and Pastor of our souls, Who feeds us with Thy own most sacred Body and Blood, mercifully grant that we may always perceive in ourselves the strengthening effects of this divine nourishment. Amen

**III.** Let us contemplate in this meditation how the Paschal Lamb, which was eaten in sacrifice by the Jewish people, in memory of their deliverance from the bondage of Egypt, and whose sprinkled blood preserved them from the Destroying Angel, was another symbol of that Lamb which was sacrificed for the sins of the whole world, and Whose passion and death we commemorate in the Holy Eucharist, in gratitude for our deliverance from the slavery of Satan.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Lamb of God! pure, innocent, and spotless Victim! By Whose Blood we are delivered from the slavery of sin and Hell; grant that we may so gratefully commemorate our redemption in these sacred mysteries, that after having journeyed through the desert of this life, we may arrive safely at the Land of Promise, in Thy heavenly kingdom. Amen.

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**IV.** Let us contemplate in this meditation, how the Blessed Sacrament, the bread which comes down from Heaven, was prefigured by the manna which God rained from Heaven to support the Israelites in their journey from Egypt to the Promised Land.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus! The true Manna which comes down from Heaven, and nourishes us here in our mortal pilgrimage, grant, we beseech Thee, that after having fed on Thee, we may not die, as the Hebrews in the desert, but arrive, like Josue and Caleb, in Thy promised country. Amen

**V**. Let us contemplate in this meditation how the bread with which the Prophet Elias was fed by the angel in the wilderness, to support him in his flight from the persecution of Jezebel, was another symbol of that divine food by which we are strengthened against the persecution of our spiritual enemies.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: Oh Tree of Life! High Priest and Pastor! Lamb without blemish! Heavenly Manna and Bread of Angels! Grant, we humbly beseech Thee, that these devotions which we celebrate in honor of the most adorable Sacrament of Thy love, may ascend like incense before Thy sight; and that, by constantly receiving Thee in this glorious banquet, we may be strengthened and supported through the wilderness of this life, so to arrive, like Thy servant Elias, at Thy holy mountain, where Thou, with the Father and the Holy Spirit, live and reign, one God forever and ever. Amen.

# 2<sup>nd</sup> Series of Rosary Meditations

**I.** Let us contemplate in this meditation how the peace-offerings in the Law of Moses, in which both priest and people partook of the sacrificed victim, were figures of the Body and Blood of Christ, which are offered in sacrifice by the priests of the New Law, and received by the faithful in the divine mysteries.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus, Prince of Peace, Who offered Thyself to Thy Father as a peace offering and atonement for the sins of the world, grant, we fervently beseech Thee, that by a participation in these sacred mysteries, we may always enjoy that peace which the world can neither give nor take away. Amen.

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**II.** Let us contemplate in this meditation how the High Priest's entering once a year into the inner sanctuary of the Temple, after many purifications, is an instruction to us of the manner in which we ought to prepare ourselves before we approach this glorious banquet.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus, the Holy of Holies, Whose majesty in this wonderful sacrifice far transcends all the types and figures of the Old Covenant, purify, we beseech Thee, our thoughts, words, and actions, so that we may always approach Thee with the proper dispositions and suitable preparation. Amen.

**III.** Let us contemplate in this meditation how the Loaves of Proposition, which were set before the altar in the Temple, were also symbols of that Bread of Angels which is continually placed on our Christian altars throughout the world.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus, the Bread of Proposition! Who presents Thyself on our altars for our food and consolation, grant that we may be always sensible of this great benefit, and never be remiss in praising our loving God, Who has so graciously bestowed it. Amen.

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**IV**. Let us contemplate in this meditation how the Holy Eucharist was foretold by the prophet Malachi when he declared that God would no longer receive a sacrifice nor gift from the priests of the Old Law, but that "in all places, from the rising to the setting of the sun, there would be offered to His name a clean oblation."

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus, pure and clean Oblation! Who, in Thy goodness to Thy creatures, has prepared their minds for this great sacrifice of the New Law, by so many types and prophecies in the Old, grant that we may always lead pure lives, and ever return Thee love for love. Amen.

**V.** Let us contemplate in this meditation how the miraculous feeding of the multitude by Our Savior, with five loaves and two fishes, was a symbol of the wonderful manner in which He nourishes the faithful throughout the world with His own Body and Blood.

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: Oh Jesus! Who during the passing of Thy people through the desert of this world, feeds them in Thy mercy with this divine food, grant, we beseech Thee, that Thy gracious gifts may not be squandered by us, rather may we continue our pilgrimage in this life with Christian patience, until we arrive at our true home in Thy heavenly kingdom, Who with the Father and the Holy Spirit, live and reign one God forever and ever. Amen.

# 3<sup>rd</sup> Series of Rosary Meditations

I. Let us contemplate in this meditation how our loving Redeemer urgently invites us to his Holy Table, when He says in the Gospel of St. John, "Amen, Amen I say unto you, unless you eat the flesh of the Son of Man, and drink His blood, you shall not have life in you." As also in St. Matthew: "Come to Me, all you that labor and are heavy laden and I will refresh you."

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 bountiful and loving Jesus! Who so graciously invites us to a feast, where Thy sacred Body is our food, and Thy Precious Blood our drink, soften, we humbly beseech Thee, our callous hearts, in order that we may never refuse Thy call, but always ardently wish to be united to Thee in so intimate and wonderful a manner. Amen.

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**II.** Let us contemplate in this meditation how our Divine Redeemer, according to the Evangelist, "having loved His own who were in the world, loved them to the end," and how He expressed His most fervent wishes to institute this Sacrament for His creatures, saying, "I have desired to eat this Pasch with you before I suffer."

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus, Who has left to Thy faithful, in this divine mystery, a constant proof and memorial of Thy love, vouchsafe, we beseech Thee, that our desire to receive Thee in this great banquet, may be equal to the love Thou has for us in its institution. Amen.

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III. Let us contemplate in this meditation how, in order to fulfill His gracious promises to us, "Our Lord Jesus," according to the Apostle, "on the night in which He was betrayed, took bread, and giving thanks, broke it, and said, 'Take and eat: This is my Body, which shall be delivered for you: do this in commemoration of Me.' In like manner He also took the chalice, saying, 'This chalice is the New Testament of my Blood: do this, as often as you shall drink it, in remembrance of Me: for as often as you shall eat this bread and drink this chalice, you shall proclaim the death of the Lord until He comes. ""

Our Father ... Ten Hail Mary's ... Glory be ... Oh my Jesus ...

Let us pray: 0 Jesus, Whose goodness and mercy in this adorable institution, our weak language is unable to express, grant that what our lips cannot pronounce, our hearts may feel; and that we may never be tired in giving "benediction and glory, wisdom and thanksgiving, honor and power, and strength to our God, for ever and ever." Amen.

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**IV.** Let us contemplate in this meditation how we are admonished by the Apostle to prove and examine ourselves before we presume to approach the Altar; and how he declares that the unworthy receiver of the Lord's Body and Blood "eats and drinks condemnation to himself, not discerning the Lord's Body."

Our Father ... Ten Hail Mary's... Glory be... Oh my Jesus ...

Let us pray: 0 Jesus, Who has left us Thy Holy Sacrament as a pledge of future glory, grant that we may never be miserable as to render it the means of our eternal condemnation, but that we may always discern Thy adorable Body, and the value of Thy Precious Blood. Amen.

**V**. Let us contemplate in this meditation how the Real Presence of Christ in the Blessed Sacrament is evident from His own words, so often repeated in the Scriptures, supported by the unanimous testimony of the Church fathers, and confirmed by the authority of the Church, with which the Spirit of Truth is to reside until the end of time.

Our Father ... Ten Hail Mary's... Glory be... Oh my Jesus ...

Let us pray: 0 Lord Jesus Christ, Who has established Thy Church as the pillar and the ground of Truth, grant, we humbly beseech Thee, that we may always submit our reason to the Church's unerring teachings, and to Thy own sacred words; that we may have the glory and merit of believing what we do not see, that no gift of love from us could be too great for Thee, Who dies for the love of us, and Who, with the Father and the Holy Spirit, lives and reigns forever and ever. Amen.

## **Litany of the Blessed Sacrament**

Lord, have mercy on us. R. Jesus Christ, have mercy on us. Lord, have mercy on us, Jesus Christ, hear us. R. Jesus Christ, graciously hear us. Eternal Father, Who art in Heaven, R. Have mercy on us. God the Son, Redeemer of the World, R. Have mercy on us. God, the Holy Spirit, R. Have mercy on us. Holy Trinity, one God, R. Have mercy on us. Living Bread, descended from Heaven, R. Have mercy on us. Hidden God and Savior. R. Have mercy on us. Wheat of the elect, R. Have mercy on us. Spiritual Wine, rendering virgins fruitful in virtue, R. Have mercy on us. Strengthening Bread, the delight of kings, R. Have mercy on us. Continual Sacrifice, R. Have mercy on us. Agreeable Offering, R. Have mercy on us. Lamb without blemish, R. Have mercy on us. Delight of Angels, R. Have mercy on us. Hidden Manna, R. Have mercy on us. Memorial of the wonders of God. R. Have mercy on us. Word made Flesh R Have mercy on us. Thou Who has come to dwell among us, R. Have mercy on us. Sacred Host. R. Have mercy on us. Chalice of Benediction. R. Have mercy on us. Mystery of Faith, R. Have mercy on us.

Excellent and venerable Sacrament. R. Have mercy on us. Most Holy Sacrifice, R. Have mercy on us. Propitiatory Sacrifice for the Living and the Dead, R. Have mercy on us. Heavenly antidote which preserves us from sin, R. Have mercy on us. Sacred Commemoration of the Passion of Our Lord, R. Have mercy on us. Gift surpassing all plenitude, R. Have mercy on us. Precious memorial of Divine Love. R. Have mercy on us. Fullness of the Divine Bounty, R. Have mercy on us. Most holy and august Mystery, R. Have mercy on us. Pledge of Immortality, R. Have mercy on us. Life-giving Sacrament, R. Have mercy on us. Bread made Flesh by the all-powerful Word, R. Have mercy on us. Unbloody Sacrifice, R. Have mercy on us. Delicious Feast at which the angels assist, R. Have mercy on us. Sacrament of Piety, R. Have mercy on us. Sign of Unity, R. Have mercy on us. Bond of Charity, R. Have mercy on us. High Priest and Victim, R. Have mercy on us. Spiritual Sweetness, tasted in its Fountain, R. Have mercy on us. Refection of holy souls, R. Have mercy on us. Viaticum of those who die in the Lord. R. Have mercy on us. Precious Pledge of future glory, R. Have mercy on us. Be merciful to us, 0 Lord, *R*. And pardon our sins.

Be merciful to us, 0 Lord,

R. And pardon our sins.

R. And pardon our sins.

R. And hear our prayers.

R. Deliver us, 0 Lord.

From all occasions of sin,	R. Deliver us, 0 lord.
By the ardent desire which Thou had of eating this Pasch with Thy disciples,	R. Deliver us, 0 lord.
By the profound humility with which Thou did wash their feet,	R. Deliver us, 0 lord.
By the most ardent charity which moved Thee to institute this Divine Sacrament,	R. Deliver us, 0 lord.
By Thy Precious Blood, which Thou has left us on the Altar,	R. Deliver us, 0 lord.
By the five wounds which Thou did receive and endure for us,	R. Deliver us, 0 lord.
We, sinners,	R. We beseech Thee to hear us.
That Thou would vouchsafe to increase and preserve in us faith, reverence, and devotion for this adorable Sacrament,	R. We beseech Thee to hear us.
That by a true confession of our sins, we may frequently approach this Holy Eucharist,	R. We beseech Thee to hear us.
That it may please Thee to deliver us from all heresy, unbelief, and hardness of heart,	R. We beseech Thee to hear us.
That it may please Thee to impart to us the precious and heavenly fruits of this most Holy Sacrament,	R. We beseech Thee to hear us.
That at the hour of our death, Thou may vouchsafe to comfort and strengthen us with this Heavenly Viaticum,	R. We beseech Thee to hear us.
Son of God,	R. We beseech Thee to hear us.

Lamb of God, Who takes away the sins of the world, spare us, 0 Lord. Lamb of God, Who takes away the sins of the world, graciously hear us, 0 Lord. Lamb of God, Who takes away the sins of the world, have mercy on us.

### Let us pray:

O God, Who in this wonderful Sacrament has left us a perpetual memorial of Thy Passion, grant us, we beseech Thee, so to reverence the sacred mysteries of Thy Body and Blood, that we may always perceive in our souls the fruit of Thy redemption; Thou who lives and reigns with the Father and the Holy Spirit, one God forever and ever. Amen

1

## **Panis Angelicus**

Panis Angelicus fit panis hominum, Dat panis coelicus figuris terminum; O res mirabilis manducat Dominum Pauper, servus et humilis.

Te trina Deitas, unaque poscimus, Sic nos tu visita, sicut te colimus; per tuas semitas duc nos quo tendimus, Ad lucem quam in habitas.

2

# Jesus, My Lord, My God, My All

Jesus, my Lord, my God, my all! How can I love Thee as I ought? And how revere this wondrous gift, So far surpassing hope or thought?

#### Refrain

Sweet Sacrament, we Thee adore! Oh, make us love Thee more and more. Oh, make us love Thee more and more.

Had I but Mary's sinless heart With which to love Thee, dearest King, Oh, with what ever fervent praise Thy goodness, Jesus, would I sing!

#### Refrain

Sweet Sacrament, we Thee adore! Oh, make us love Thee more and more. Oh, make us love Thee more and more

Thy Body, Soul and Godhead all! O mystery of love divine!

I cannot compass all I have, For all Thou hast and art is mine!

#### Refrain

Sweet Sacrament, we Thee adore! Oh, make us love Thee more and more. Oh, make us love Thee more and more.

Sound, then, His praises higher still, And come, ye angels, to our aid; For this is God, the very God Who hath both men and angels made!

# 3 Soul of My Savior

Soul of my Savior, sanctify my breast; Body of Christ, be Thou my saving guest;

Blood of my Savior, bathe me in Thy tide;

Wash me, ye waters, flowing from His side.

Strength and protection may Thy Passion be;

O blessed Jesus, hear and answer me; Deep in Thy wounds, Lord, hide and shelter me;

So shall I never, never part from Thee.

Guard and defend me from the foe malign;

In death's dread moments make me only Thine;

Call me and bid me come to Thee on high,

Ever with Saints my Lord to magnify.

4

#### Oh Jesus We Adore Thee

1. O Jesus, we adore Thee, Who in Thy love divine, / Conceal Thy mighty Godhead / In forms of bread and wine.

Refrain: O Sacrament most holy, / O Sacrament divine, / All praise and all thanksgiving / Be ev'ry moment Thine.

- 2. O Jesus, we adore Thee, / Our Victim and our Priest, / Whose precious blood and body / become our Sacred feast.
- 3. O Jesus, we adore Thee, / Our Savior and our King, / And with Thy saints and angels / Our humble homage bring.

Refrain: O Sacrament most holy, / O Sacrament divine, / All praise and all thanksgiving / Be ev'ry moment Thine.

4. O Jesus, we adore Thee, / Come live in us we pray, / That all our thoughts and actions / Be Thine alone today.

Refrain: O Sacrament most holy, / O Sacrament divine, / All praise and all thanksgiving / Be ev'ry moment Thine.

5. O come all ye who labor, / In sorrow and in pain, / Come eat this bread from

heaven, / Thy peace and strength regain.

Refrain: O Sacrament most holy, / O Sacrament divine, / All praise and all thanksgiving / Be ev'ry moment Thine.

5

## Hail, Holy Queen

Hail, holy Queen enthroned above, O Maria.

Hail, Queen of mercy and of love, O Maria.

Triumph, all ye Cherubim, Sing with us, ye Seraphim, Heav'n and earth resound the hymn: Salve, Salve, Salve Regina.

The cause of joy to men below, O Maria.

The spring through which all graces flow, O Maria.

Angels, all your praises bring, Earth and heaven, with us sing, All creation echoing: Salve, Salve, Salve Regina.

O gentle, loving, holy one, O Maria.

The God of light became your Son, O Maria.

Triumph, all ye Cherubim, Sing with us, ye Seraphim, Heav'n and earth resound the hymn: Salve, Salve, Salve Regina. OTH THE GOOD AND BAD RECEIVE HIM, BUT EFFECTS ARE DIVERSE IN THEM, TRUE LIFE OR TRUE DESTRUCTION. LIFE TO THE GOOD, DEATH TO THE WICKED, MARK HOW BOTH ALIKE RECEIVED WITH FAR UNLIKE CONCLUSION. Translation by Fr. Robert Southwell

